

Corporate Third Party Support

As a business, show your support for your community by raising both funds and awareness for youth living with mental illness. Here are some ways you can help.

- Offer a donation option to clients upon payment.
- TOT Organize a charity sporting event.
- Form a team to participate in the Blue Nose Marathon in support of Laing House.
- Hold a "Casual Day" or "Jeans Day" and donate the contributions from your employees.
- Implement and/or promote an employee matching program and match their donations.
- Ask employees to donate a loonie for their office coffees.
- Donate a percentage of your sales for a day, week, month or year.
- Recycle your cans & bottles and donate the proceeds.
- In lieu of secret Santa, encourage mployees to bring donations or gifts for Laing House.
- Host a cocktail party for your clients and have a Laing House Youth Speaker present their story.

Laing House

Come as you are

Laing House is a peer support organization empowering youth, aged 16-29, living with mental illness. Here members can embrace their unique gifts and find their way in a caring and supportive environment.

Now in its eleventh year, Laing House has assisted hundreds of youth on their path to recovery. Laing House programs include education & employment, healthy living, outreach, creative arts, and family support. Laing House is the first of its kind in Canada.

A few facts about mental health in Canada...

- 1 in 5 will experience mental illness.
- Suicide accounts for 24% of all death among 15-24 year olds.
- 1 in 3 affected by mental illness do not receive the care they need, either because they are afraid to ask or it is not available.
- * Everyday 500,000 Canadians miss work due to mental illness.
- Mental illness is the number one cause of workplace disability.

To learn more about third party fundraising, contact Laing House (902) 425-9018 or Robin at rlevy@lainghouse.org